



*Daily Schedule*

**P R I N C E S S P R E - S C H O O L**

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| **TIME** | **TOPIC DETAILS** | |
| **8AM - 830AM** | Daily Yoga Practice | Kids yoga for 20 minutes, followed by a Juice or Water Break - Family Room |
| **830AM - 9AM** | Writing & Morning Centers | Sign in, Letter of the week worksheet and free play - Classroom |
| **9AM - 945AM** | Morning Circle Time | Morning Song, Calendar/Days of the Week, Letter of the Week Video - Language/Literacy Topic & Story - Classroom |
| **9:45AM - 10AM** | Healthy Snack | Healthy Snack In Kitchen |
| **10AM- 10:45AM** | Outside Time | Play outside on deck, backyard or front yard |
| **1045AM- 11:30AM** | Math & Science | Activities per lesson plan - Kitchen |
| **11:30AM - 12:15PM** | Lunch | Healthy lunch in the kitchen or on the deck, pending weather. |
| **12:15PM - 1:30PM** | Rest Time | Lay on couch and quietly watch an approved movie or show. Refer to list. - Family Room |
| **1:30PM - 2PM** | Outside Time #2 | Afternoon Walk |
| **2PM - 2:30PM** | Cultural Activity | One-Third Stories/Activitys or Little Passports Activities  - Classroom |
| **2:30PM - 2:45PM** | Healthy Snack | Health snack outside or in kitchen |
| **2:45PM - 3:30PM** | Creative Arts | Activity per lesson plan - Kitchen/Outside or Classroom |
| **3:30PM - 4:00PM** | Music | Music activity of the day per lesson plan - Music Room |