CDC’s National Center for Chronic Disease Prevention and Health Promotion (NCCDPHP)

**CHRONIC DISEASES IN AMERICA**

6 IN 10 Adults in the US have a **chronic disease**

4 IN 10 Adults in the US have **two or more**

**THE LEADING CAUSES** of death and disability and Leading Drivers of the Nation’s **$3.5 Trillion** in Annual Health Care Costs

- **HEART DISEASE**
- **CANCER**
- **CHRONIC LUNG DISEASE**
- **STROKE**
- **ALZHEIMER’S DISEASE**
- **DIABETES**
- **CHRONIC KIDNEY DISEASE**

**THE KEY LIFESTYLE RISKS** for chronic disease

- **TOBACCO USE**
- **POOR NUTRITION**
- **LACK OF PHYSICAL ACTIVITY**
- **EXCESSIVE ALCOHOL USE**

NCCDPHP Prevents chronic disease and promotes health for people of all ages

- Improving quality of life
- Increasing healthy life expectancy
- Reducing health care costs
WE WORK TO IMPROVE HEALTH ACROSS THE LIFE SPAN

Where People Live, Learn, Work, and Play

**Infants**
Reduce the leading causes of infant death and illness.

**Children and Adolescents**
Help support healthy communities, child care programs, and schools so children can eat well, stay active, and avoid risky behaviors.

**Adults**
Help adults lead healthy and active lives and increase the use of preventive services like cancer screenings.

**Older Adults**
Promote quality of life and independence for people as they age.

WHAT WE DO

Find out how chronic diseases affect populations in the United States.

Study interventions to find out what works best to prevent and control chronic diseases.

Fund and guide states, territories, cities, and tribes to use interventions that work.

Share information to help all Americans understand the risk factors for chronic diseases and how to reduce them.

HOW WE DO IT

**Measure**
how many Americans have chronic diseases or chronic disease risk factors.

**Improve**
environments to make it easier for people to make healthy choices.

**Strengthen**
health care systems to deliver prevention services that keep people well and diagnose diseases early.

**Connect**
clinical services to community programs that help people prevent and manage their chronic diseases and conditions.

Centers for Disease Control and Prevention
National Center for Chronic Disease Prevention and Health Promotion
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Since 1991, the National Breast and Cervical Cancer Early Detection Program has served 5.4 million women and found 65,879 cases of breast cancer and 207,727 precancerous cervical lesions.

The percentage of adults meeting the national guideline for aerobic physical activity increased from 44% in 2008 to 54% in 2017.

Teen birth rates fell 55% from 2007 to 2017—an all-time low.

From 1999–2004 to 2011–2016, the percentage of low-income children with dental sealants increased 75%.

Over 297,000 people have participated in the National Diabetes Prevention Program lifestyle change program.

Since 2012, the Tips From Former Smokers® campaign has motivated over 500,000 cigarette smokers to quit for good.

From 2000 to 2014, 30% more schools offered at least 2 vegetables at lunch.